T&TMA's 23rd Annual Medical Research Conference
In conjunction with the Caribbean Obesity Surgeons and the UWI, St Augustine Campus

Theme: “Metabolic Syndrome in the Caribbean - the scourge of the NCDs”

Saturday September 30th, 2017, La Boucan Room, Hilton Hotel

8-8.30am: Registration
8.30am: National Anthem and Invocation
8.35am: Welcome: Prof. Dilip Dan. Conference Coordinator, President of COS
8.40am: The NCD National Strategy and the fight against obesity in T&T – Dr Roshan Parasram, CMO, Ministry of Health of T&T
8.55am: The difficulty of surgery on the Obese. Parul Shukla (USA)

Session 1: Picking the best surgical candidate (Moderator: Lindberg Simpson)
9.10am: Nutritional preparation for Bariatric surgery – Joy Callender (J’ca)
9.25am: Role of the MDT in the management of the obese patient – Jackie Mc Cartney (USA)
9.40am: What to look out for in the Medical workup? Nicole Tiluckhdharry (T&T)

Session 2: The best surgical options (Moderator: Patrick Fasioen)
9.55am: Overview and outcome comparison of available Operative procedures- Lindberg Simpson (J’ca)
10.10am: Should there be a preferred procedure in the Caribbean? - Sahle Griffith (Bds)
10.25am I can’t see the cords!!! – Anesthetic challenges in Obesity Management - Rodrick Bhagan (T&T)
10.40am Q&A
10.55am: Coffee break and display by sponsors

Session 3: Management of Complications (Moderator: Yardesh Singh)
11.30am: Intra-op Complications during Bariatric Surgery - Patrick Fasioen (Curacao)
11.45am: Leaks, leaks and more leaks - Pierre Anthony Leake (J’ca)
12.00pm: The problem with the small bowel - Alex Ponson (Aruba)
12.15pm: Reflux and the sleeves - Charan Doncor (USA)
12.30pm: Marginal ulcers - it’s all in the closure! - Nigel Bascombe (T&T)
12.45pm: Q&A

1.00pm: LUNCH and display by sponsors

Session 4: The New Frontiers of Obesity Management (Moderator: Nigel Bascombe)
2.00pm: The role of the Gastric Balloon - Yardesh Singh (T&T)
2.15pm: Novel Surgical approaches in the treatment of Obesity - Shaneeta Johnson (USA)
2.30 pm: Robotic Bariatric Surgery - Is the Caribbean ready? - Lyn Sue (USA)
2.45pm: Weight regain – Surgical Management – Jorge Rabaza (USA)
3.00pm: Medical Management of weight regain after Bariatric Surgery - Alpana Shukla (USA)

Session 5: Weight loss – then what? (Moderator: Sahle Griffith)
3.15pm: Body Contouring/ Sculpturing after bariatric surgery - Geoff Williams (J’ca)
3.30pm: Postsurgical Behavioral and Psychological Issues in the Bariatric patient - Janelle Coughlin (USA)
3.45pm: Resurgence of Metabolic disorders after metabolic surgery - the reality. Can we really beat this disease? - Prof Michael Boyne (J’ca)
4.00pm: Q&A
4.15pm: Vote of thanks
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Theme: “**Metabolic Syndrome in the Caribbean - the scourge of the NCDs**”

**Sunday October 1st, 2017, Grand Ballroom, Hilton Hotel**

8.00am: Registration
8.30am: National Anthem and Invocation: Dr Sandi Arthur
8.35am: Welcome: Dr S Chamely, President T&TMA

**Session 1:** Moderator: Dr Hassina Mohammed
8.40am: Opening remarks: “**Healthy me, healthy you, healthy T&T!**” The Honourable Mr Terrence Deyalsingh, Minister of Health of the Republic of T&T
8.55am: The Caribbean Obesity pandemic – the scope of the problem regionally. Prof Paul Teelucksingh (T&T)
9.15am: Is Surgery the answer? Centre for excellence for Bariatric and Metabolic Surgery in T&T – a project for the public. Prof Dilip Dan (T&T)
9.30am: The public health approach to Obesity management. Representative: PAHO
9.45am: The UWI’s role in the NCD fight- Prof Terence Seemungal, UWI (T&T)
10.00am: The Food Order Study- Alpana Shukla(USA)
10.15am Q&A
10.30am: Coffee

**Session 2:** Moderator – Dr Chandra Saroop
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<tr>
<th>Time</th>
<th>Topic</th>
<th>Speaker(s)</th>
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<tr>
<td>11.15am</td>
<td><strong>Metabolic Syndrome— Best Medical Management.</strong> Prof Michael Boyne (J’ca)</td>
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<td>11.30am</td>
<td><strong>Metabolic Syndrome- Best Surgical Management-</strong> Jorge Rabazza (USA)</td>
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<td>11.45am</td>
<td><strong>Difficulty of surgery on the obese</strong> - Parul Shukla (USA)</td>
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<td>12.00am</td>
<td><strong>Cardiovascular disease prevention and associated mortality in patients with metabolic and pre-metabolic syndrome in southern Trinidad.</strong> Solange De Noon (T&amp;T)</td>
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<td>12.15pm</td>
<td><strong>Lifestyle Modification for Metabolic syndrome-</strong> Janelle Coughlin (USA)</td>
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<td>12.30pm</td>
<td><strong>A psychiatric perspective on obesity and obesity management</strong> – Sandra Reid (T&amp;T)</td>
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<td>12.45pm</td>
<td><strong>Who should be considered for Bariatric/ Metabolic Surgery?</strong> Joel Teelucksingh (T&amp;T)</td>
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<td>Q&amp;A</td>
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<td><strong>Session 3:</strong></td>
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<td><strong>Moderator – Dr Maria Dillon-Remy</strong></td>
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<td>2.15pm</td>
<td><strong>The marketing moguls and the obese child</strong> Representative: CARPHA</td>
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<td>2.30pm</td>
<td><strong>Identifying Obesity in kids: How soon is too soon?</strong> -Stephanie Scarlett. (J’ca)</td>
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<td>2.45pm</td>
<td><strong>Factors affecting dietary choices in patients with Type II DM</strong> – Sandi Arthur (T&amp;T)</td>
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<td>3.00pm</td>
<td><strong>Diet quality and adiposity among Caribbean children</strong> - Pamela Gaskin (B’dos)</td>
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<td>3.15pm</td>
<td><strong>Obesity and weight concerns in children with special needs</strong> - Prithviraj Bahadursingh (T&amp;T)</td>
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<td>3.30pm</td>
<td><strong>The Economics of Obesity.</strong> Henry Bailey (T&amp;T)</td>
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<td>3.45pm</td>
<td><strong>Identifying metabolic syndrome in selected Trinidad school children using anthropometry</strong> – Viren Singh (T&amp;T)</td>
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<td>Q&amp;A</td>
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<td>4.15pm</td>
<td>Vote of thanks – Dr Liane Conyette (SDH Committee, T&amp;TMA)</td>
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